

	Relationships		Health & Wellbeing		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	New beginnings	Relationships Getting on & falling out	Our day Keeping ourselves clean families	Good to be me	Going for Goals.	Changes
<b>Year 1</b>	Who am I? Being a good friend. Identifying feelings.	Being cared for. Who do you love? Understanding jealousy. What is bullying? How we hurt people with the words we use The importance of diversity.	Our daily routine. Keeping clean. Growing and changing. Families and care. Keeping safe in school	Staying healthy. Medicines. Who gives us medicines? How to stay safe outside. The importance of diversity.	Accepting differences Cooperation in a group. Living together.	What does money look like? Where money comes from. Needs and wants. Looking after my money.
<b>Year 2</b>	Self-awareness. Managing feelings. Resolving arguments and working with others. Habits and obstacles. Making changes.	Gifts and talents. Loss of things you care about. Bereavement. The effects of bullying. Making choices and the consequences of actions.	Differences between boys & girls. Naming body parts. Body image. Personal privacy. Exercise and Fitness	Taking risks. Hazardous substances. The importance of safety rules. Emergency service - when and how they help us. The Urban, Rural and World environments.	Our community. Keeping track of money, When to spend and when to save?	People who help us. The importance of diversity.
<b>Year 3</b>	Recognising feeling in others and understanding body language.	Resisting pressure from others. Taking responsibility for	Male and female differences. Personal space and privacy.	Why do people smoke? Physical effects of smoking.	Staying safe. Our community in the media. Organisations	Lending and borrowing. Earning money and jobs.

	Responding to different viewpoints and resolving conflict.	behaviour. Learning styles. Understanding that everyone learns differently.	Family differences. Gender roles at home and school. Feeding the family.	Smoking and society. Being physically active and planning to reach a goal.	which help our community. Rubbish and recycling.	Other people's lives around the world.
<b>Year 4</b>	Emotional barriers to learning. Coping with disappointment. Developing resilience. Celebrating each other's.	Different types of relationships. Rules and responsibilities in society. The importance of diversity. When relationships go wrong. Losing someone we care about.	Growing & changing. What is puberty? Puberty changes and reproduction. Being active.	The effects of alcohol and their risks. Limits to drinking alcohol . Choosing the right health service. The Emergency services.	Housing needs and personal wants. Home is ... Accepting differences. Rest and relaxation at home. The importance of diversity.	Keeping records. Using accounts to keep money safe. What are charities?
<b>Year 5</b>	Buddy training. Welcoming & belonging. Teamwork - giving praise and positive feedback. Raising concerns and helping friends in need.	Forgiveness. Friendships. Stereotyping, discrimination and prejudice. The consequences of teasing and bullying. The importance of anger management. The importance of diversity.	Talking about puberty. Male and female changes. Puberty and hygiene. Body image and the media. Positive physical and emotional health.	Legal and illegal drugs including tobacco and alcohol. Attitudes to drugs. Peer pressure. Healthy lifestyle choices: judging risk.	Schools abroad and different in communities. Foreign currency. What influences spending? Saving money. The importance of diversity.	Democracy, government and politics. Campaigns and media influence. Thinking about the roles and responsibilities involved in a Year 6 job. Applications
<b>Year 6</b>	My role as a Year 6 in school. Celebrating achievements.	Managing overwhelming feelings. Accepting our part	Puberty & reproduction. Understanding relationships.	Cannabis. VSA (volatile substance abuse). Help advice and	Inequalities. Helping others at home & school. Housing.	Effects of economic choices. Debt and risk. Enterprise.

	House planning. Making future plans. Resilience. Perseverance. The importance of diversity.	in a conflict. Assertiveness. Communication in relationships. Stay safe online.	Conception & pregnancy. Health services. Healthy family. Nutrition.	support. Managing my stress and leisure time. Safer journeys. The importance of diversity.	Local & global communities.	Responsibilities at secondary school. Planning and delivering leavers lunch. The importance of diversity.
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